

Cominciare ~ Pre Starters

Pane All'Aglio Traditional Italian garlic bread	£4.20
Bruschetta Pomodoro Toasted Italian bread topped with marinated tomatoes, basil, extra virgin olive oil and garlic	£6.50

Antipasti Freddi ~ Cold Starters

Prosciutto Crudo con Melone Slices of honey melon topped with parma ham	£8.50
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Insalata Caprese Italian baby mozzarella with sliced tomato and basil	£8.50
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Antipasto di Roma Hors-d'oeuvre of the house	£9.50
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Gamberetti Prawns in cocktail sauce	£9.00
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Carpaccio di Bresaola Thinly cured beef slices dressed with extra virgin oil and parmesan shavings served on a bed of rocket	£9.50
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Pate de la Casa Smooth chicken liver pate served with toasted bread	£8.50
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Antipasti Caldi ~ Hot Starters

Mozzarella Fritti Deep fried mozzarella sticks with tomato and garlic sauce	£8.50
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Calamari Fritti Deep fried squid with salad	£9.00
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Gamberoni alla Fiamma Tiger prawns sautéed in garlic, white wine and butter lemon sauce	£9.50
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Cozze Marinara Fresh mussels cooked with white wine, garlic and Napolitan sauce	£9.50
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Minestrone Vegetariana Traditional Italian soup	£8.00
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Insalata ~ Salads

Insalata Mista Mixed salad	£6.00
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Insalata Pomodoro con Cipolle Slices of tomato and red onion	£6.50
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Side Dishes

Mixed Olives	£5.00
Fries	£3.50
Sauteed Potatoes	£3.50
Garlic Mushroom	£6.00
Fried Vegetables	£6.00

Carne ~ Steaks

All dishes served with sautéed potatoes

Bistecca al Pepe Verde E Nero Prime sirloin steak with green and black peppercorns and brandy, demi-glazed with cream sauce	£27.50
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Bistecca Diana Prime sirloin steak in mushroom, mustard brandy and cream sauce	£27.50
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Bistecca alla Griglia Prime sirloin steak (cooked as requested)	£24.50
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Filetto alla Griglia Prime fillet steak (cooked as requested)	£32.50
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Filetto alla Pizzaiola Prime fillet steak in garlic, capers, olives and rich Napolitan sauce	£35.50
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Bistecca Cosa Nostra Slices of prime fillet steak with slices of veal topped with champagne and paprika sauce (Mamamia!)	£36.50
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Vitello ~ Veal

All dishes served with sautéed potatoes

Vitello al Salvagio Slices of veal, pan fried with butter in mushroom white wine sauce	£20.50
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Vitello Porto Slices of Veal pan fried in onion and port sauce	£20.50
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Saltim bocca Romana Slices of veal topped with Parma ham and mozzarella cheese in light tomato and marsala sauce	£22.50
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Vitello Milanese Breaded slices of veal accompanied by spaghetti napoli	£24.50
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Pesce ~ Sea Food

Salmone Mediterraneo Char-grilled salmon steak cooked in cream and white wine sauce, served with sautéed potatoes	£19.50
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Gamberoni al Pepperoncino King prawns sautéed with garlic, chilli, white wine and tomato sauce, served with risotto	£20.50
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Gamberoni alla Roma King prawns and calamari with mushrooms, paprika and Martini sauce, served on bed of tagliatelle	£21.50
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Gamberoni alla Bianco King prawns with brandy, garlic and parsley wine cream sauce, served with tagliatelle pasta	£20.50
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Seabass alla Limone Grilled sea bass cooked with butter and lemon sauce, served with sautéed potatoes	£23.00
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Pollo ~ Chicken

All dishes served with sautéed potatoes

Pollo Forrestra Chicken breast with bacon and mushroom in white wine cream sauce	£18.50
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Pollo Cacciatore Chicken breast with onion, peppers, rosemary, mushroom, black olives, and garlic in white wine tomato sauce	£18.50
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Pollo alla Toscana Chicken breast with pineapple, fresh chilli, garlic in white wine tomato sauce	£18.50
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Pollo Sorrentino di Prosciutto Chicken breast and dolcellate cheese in white wine and cream sauce garnished with parma ham	£19.50
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Pollo Speciale Chicken breast with banana, sambucca cream sauce	£18.50
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Pollo alla Milanese Breaded breast of chicken accompanied by spaghetti napoli	£19.50
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Pizza

Margherita Tomato and mozzarella	£12.50
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Pizza Marco Tomato, mozzarella, bacon and smoked sausage	£15.50
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Pizza Bella Tomato, mozz, Pepperoni & Pineapple	£15.50
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Pizza Tropicana Tomato, mozzarella, ham and pineapple	£14.50
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Pizza Trattoria Tomato, mozzarella and pepperoni	£15.50
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Pizza Vegetariana Tomato, mozzarella and selection of vegetables	£14.00
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Pizza Napoli Tomato, mozz, Anchovis & Olives	£15.50
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Calazone Folded pizza filled with onions, mushroom, ham and pepperoni	£19.50
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Pizza Roma Tomato, mozzarella, mushroom and chicken	£17.50
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Le Paste ~ Pastas

Spaghetti Bolognese Spaghetti with traditional bolognese sauce	£13.50
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Spaghetti Carbonara Spaghetti with bacon, garlic, cream, parmesan and egg yolk	£13.50
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Lasagne al Forno Layers of pasta, meat and béchamel sauce baked brown and bubbling 'Garlic Bread'	£13.00
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Penne Arrabiata Penne pasta tossed in fresh chilli, garlic and rich tomato sauce	£11.00
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Spaghetti Frutti di Mare Fresh mixed sea food and red tomato sauce	£18.00
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Tagliatelle al Salmone Ribbons of pasta cooked with smoked salmon, peas and creamy tomato sauce	£16.50
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Penne Funghi Crema Penne with mushrooms and cream sauce	£12.50
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Canneloni Rapieni Pasta leaves stuffed with spinach and cheese with Napolitan sauce and mozzarella	£12.50
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Tortelloni al Funghi Crema Pasta stuffed with spinach and cheese with mushroom cream sauce	£15.00
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Tagliatelle pollo Safron Tagliatelle with chicken and asparagus cooked in safron and cream	£18.50
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Penne Trattoria Penne pasta with spicy sausage, cream and tomato sauce	£14.50
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Risotto al Pescatore Rice with sea food and light tomato sauce	£19.00
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Risotto con Funghi Rice with mushroom, peas, light tomato sauce and Parmesan cheese	£15.50
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Drinks

Coke	£3.00
Diet coke.	£3.00
Fanta	£3.00
Sprite	£3.00
Iron Bru	£3.00
Still water	£3.50
Sparkling water	£3.50
Fresh orange juice	£3.00
Appletise	£3.50
Soda water	£2.50
Selection of spirits (25ml)	£4.00
Mixers	£1.00
Selection of liqueurs (25ml)	£4.00
Italian Birras - Selection of beers	£4.50
Lager Shandi	£6.50
Ginger Beer	£4.00

Every meal that leaves our kitchen is prepared to our chef's extremely high standards. If you have to wait a little bit longer for your dish, you can rest assured - it will be worth it.

Remember - you can't rush perfection!

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non si
invecchia
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Ciao Roma

*Unit5B, Kinghill Commercial
Park, Venture Drive
Westhill AB32 6FQ
01224 062053
www.romarestaurant.co.uk*



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